

# Making kids shine!



Term 3 dates: Kindergym and Steps - 16 July to 29 September (11 weeks)  
 Each class has a limited number of spaces and pre-booking, pre-payment is essential to secure your place.  
 An annual registration fee per student applies for Gymnastics Queensland Affiliation.  
 Registration is valid until 31 December 2018  
 An equipment levy is applicable per term per student.  
 Classes are subject to change at YMCA discretion.  
 We do not offer make up classes  
**Refunds do not apply.**

YMCA ADULT CLASSES							
CLASS	MON	TUE	WED	THU	FRI	SAT	FULL TERM FEE*
<b>Adult Strength 1.5hrs/week</b>				✓			\$192.50

TERM 3, 2018 GYMNASTICS FEES
Kindergym and Steps - 16 July to 29 September (11 weeks)
<b>2018 REGISTRATION</b> Kinder Gym \$50.00 – Recreational \$58.00 - MAG 3 + & WAG 3 + \$79.00
<b>EQUIPMENT LEVY</b> \$15.00 Per Child - Competitive teams \$25.00
<b>FULL TERM FEE *</b> The full term fee will be pro-rata on the remaining weeks of the term if enrolment is after week 1

ENROLMENT PROCEDURE
1. Contact us on (07) 3376 4266 or go to <a href="https://form.jotform.com/80506986922971">https://form.jotform.com/80506986922971</a> to enrol.

76 Andaman Street, Jamboree Heights (07) 3376 4266 (07) 3279 5492  
[gymnasticsenrol@ymcabrisbane.org](mailto:gymnasticsenrol@ymcabrisbane.org) / [facebook.com/YMCAJamboreeHeights](https://facebook.com/YMCAJamboreeHeights)

# Why Gymnastics?

We believe that Gymnastics is among the best **PHYSICAL EDUCATION** a person can receive.



Gymnastics participation offers a package of benefits that enriches and physically educates participant's lives in ways that are difficult to achieve through most other activities and sports (Dr. W. Sands, 2013):

- The best long-term bone forming and strengthening advantages
- Enhanced academic readiness, skill focus and goal setting abilities
- Best fundamental motor patterns
- Best flexibility development
- Best strength and postural control
- Enhanced balance

**Term 3, 2018 Timetable**  
**Bookings are essential**

KINDERGYM PROGRAM								
CLASS	MON	TUE	WED	THU	FRI	SAT	TIMES	FULL TERM FEE*
<b>Babies 45 min/week</b>					✓		9:00am - 9:45am	\$159.50
<b>Gym Tots 2 - 3yrs 45 min/week</b>						✓	8:00am - 8:45am	
						✓	8:45am - 9:30am	
		✓					9:15am - 10:00am	
	✓	✓	✓	✓	✓		10:00am - 10:45am	
<b>Gym Tots Plus 3yrs 45 min/week</b>							10:15am - 11:00am	
		✓		✓			10:45am - 11:30am	
	✓						10:00am - 10:45am	
<b>Siblings 0-5yrs 1hr/week</b>							10:15am - 11:00am	\$15 - 1st child \$8 - 2nd child \$253.00
			✓	✓			10:45am - 11:45am	
<b>Mini Gym 4yrs 1hr/week</b>	✓						11:00am - 12:00pm	\$165.00
		✓					11:45am - 12:45pm	
					✓		10:45am - 11:45am	
						✓	11:30am - 12:30pm	
							9:30am - 10:30am	

\* The full term fee will be pro-rata on the remaining weeks of the term if enrolment is after week 1

## YMCA STEPS PROGRAM

CLASS	MON	TUE	WED	THU	FRI	SAT	TIMES	FULL TERM FEE*
<b>Prep Ready</b> <b>5yrs</b> 1hr/week	✓	✓	✓	✓	✓		3:30pm - 4:30pm	\$176.00
						✓	10:45am - 11:45am	
<b>Step 1</b> <b>6 - 7yrs</b> 1hr/week	✓	✓	✓	✓	✓		3:30pm - 4:30pm	
						✓	10:45am - 11:45am	
<b>Step 2</b> <b>6 - 8yrs</b> 1hr/week			✓	✓			3:30pm - 4:30pm	
	✓	✓	✓	✓	✓		4:30pm - 5:30pm	
						✓	11:45am - 12:45pm	
<b>Step 2</b> <b>10+yrs</b> 1hr/week							4:30pm - 5:30pm	
	✓				✓		5:30pm - 6:30pm	
<b>Step 3</b> <b>7+yrs</b> 1hr/week	✓	✓	✓	✓	✓		4:30pm - 5:30pm	
						✓	11:45am - 12:45pm	
<b>Step 3</b> <b>10+yrs</b>		✓					4:30pm - 5:30pm	
	✓				✓		5:30pm - 6:30pm	
<b>Step 4</b> 1hr 15min/week	✓		✓				3:30pm - 4:45pm	\$220.00
	✓		✓				4:45pm - 6:00pm	
						✓	12:45pm - 2:00pm	
<b>Step 5</b> <b>8+yrs</b> 1.5hrs/week		✓		✓			5:30pm - 7:00pm	\$253.00
	✓		✓				6:00pm - 7:30pm	
						✓	12:45pm - 2:15pm	
<b>Boys Step 5</b> 1.5hrs/week			✓	✓			4:30pm - 6:00pm	\$176.00
	✓						5:00pm - 6:30pm	
<b>Tumbling 8+yrs</b> 1hr/week				✓			5:30pm - 6:30pm	\$176.00
<b>Gym Fit 10-17yrs</b> 1.5hrs/week			✓				5:30pm - 7:00pm	\$253.00
<b>Step 6 Girls</b> 2 x 1.5hrs/ week		✓					3:30pm - 5:00pm	\$374.00
	✓		✓		✓		5:30pm - 7:00pm	
						✓	12:45pm - 2:15pm	
<b>Boys Step 6</b> 2 x 1.5hrs/week	✓						5:00pm - 6:30pm	\$484.00
			✓				4:30pm - 6:00pm	
<b>Step 7 Girls</b> 2 x 2hrs/week	✓	✓	✓	✓	✓		5:30pm - 7:30pm	\$484.00
						✓	1:00pm - 3:00pm	
<b>Step 8 Girls</b> 2 x 3hrs/week			✓		✓		4:30pm to 7:30pm	\$660.00
						✓	1:00pm to 4:00pm	
<b>Step 9 Girls</b> 2 x 3hrs/week		✓		✓			5:00pm to 8:00pm	



## YMCA COMPETITION SQUADS SCHEDULE

CLASS	MON	TUE	WED	THU	FRI	SAT	TIMES	FULL TERM FEE*
<b>WAG 1</b> 1.5hrs/week					✓		3:30pm - 5:00pm	\$253.00
<b>WAG 2</b> 2 x 2hrs/week				✓			3:30pm - 5:30pm	\$484.00
						✓	10:45am - 12:45pm	
<b>WAG 3</b> 2 x 3hrs/week	✓		✓				4:30pm - 7:30pm	\$506.00
<b>WAG 4</b> 3 x 4hrs/week	✓		✓		✓		4:00pm - 8:00pm	\$792.00
<b>WAG 5</b> 3 x 4hrs/week		✓		✓			4:00pm - 8:00pm	
						✓	12:00noon - 4:00pm	
<b>WAG 6</b> 4 x 4hrs/week	✓	✓		✓	✓		4:00pm - 8:00pm	\$1,056.00
<b>WAG 7 - 9</b> 18hrs/week				✓			6:00am - 8:00am	\$1,188.00
	✓	✓		✓	✓		4:00pm - 8:00pm	
<b>MAG 1 -2</b> 2 x 1hr/ week	✓						3:30pm - 4:30pm	\$253.00
						✓	11:30am - 12:30pm	
<b>MAG 3 - 4</b> 9.5hrs/week		✓		✓			4.30pm - 7.30pm	\$627.00
						✓	1:00pm - 4:30pm	
<b>MAG 5 - 8</b> 4 x 3.5hrs/ week	✓		✓		✓		4.30pm - 8:00pm	\$924.00
						✓	1.00pm - 4:30pm	