

Why Gymnastics?

We believe that Gymnastics is among the best **PHYSICAL EDUCATION** a person can receive.

Making kids shine!



Gymnastics participation offers a package of benefits that enriches and physically educates participant's lives in ways that are difficult to achieve through most other activities and sports (Dr. W. Sands, 2013):

- The best long-term bone forming and strengthening advantages
- Enhanced academic readiness, skill focus and goal setting abilities
- Best fundamental motor patterns
- Best flexibility development
- Best strength and postural control
- Enhanced balance



YMCA ADULT CLASSES

CLASS	MON	TUE	WED	THU	FRI	SAT	TIMES	FULL TERM FEE*
Adult Strength 1.5hrs/week				✓			6:30pm - 8:00pm	\$192.00

TERM 2, 2018 GYMNASTICS FEES

Steps and Competitive Monday 16th April – Saturday 7th July (12 weeks)

Kinder Gym Monday 16th April - Saturday 7th July (12 weeks)

2018 REGISTRATION

Kinder Gym \$50.00 – Recreational \$58.00 - MAG 3 + & WAG 3 + \$79.00

EQUIPMENT LEVY

\$15.00 Per Child - Competitive teams \$25.00

FULL TERM FEE *

The full term fee will be pro-rata on the remaining weeks of the term if enrolment is after week 1

ENROLMENT PROCEDURE

1. Contact us on (07) 3376 4266 or go to <https://form.jotform.com/80506986922971> to enrol.

76 Andaman Street, Jamboree Heights (07) 3376 4266 (07) 3279 5492
gymnasticsenroljh@ymcabrisbane.org / facebook.com/YMCAJamboreeHeights

YMCA JAMBOREE HEIGHTS

Gymnastics



Term 2, 2018 Timetable
Bookings are essential

Term 2 dates: 16/April - 7/July - Term 2 Competitive dates: 16/April - 7/July
 Each class has a limited number of spaces and pre-booking, pre-payment is essential to secure your place.

An annual registration fee per student applies for Gymnastics Queensland Affiliation.

Registration is valid until 31 December 2018

An equipment levy is applicable per term per student.

Classes are subject to change at YMCA discretion.

We do not offer make up classes

Refunds do not apply.

KINDERGYM PROGRAM

CLASS	MON	TUE	WED	THU	FRI	SAT	TIMES	FULL TERM FEE*
Babies 45 min/week				✓	✓		9:00am - 9:45am	\$169.32
		✓					9:15am - 10:00am	
							9:30am - 10:15am	
Gym Tots 2 - 3yo 45 min/week		✓	✓	✓	✓	✓	10:00am - 10:45am	
	✓						10:15am - 11:00am	
				✓	✓		10:45am - 11:30am	
						✓	8:00am - 8:45am	
						✓	8:45am - 9:30am	
Gym Tots Plus 3yo 45 min/week		✓					10:00am - 10:45am	
	✓						10:15am - 11:00am	
Siblings 0-5yo 1hr/week		✓	✓				10:45am - 11:45am	1st child \$177.00 2nd Child \$96.00
Mini Gym 4yo 1hr/week	✓						11:00am - 12:00pm	\$177.00
		✓					11:45am - 12:45pm	
				✓	✓		11:30am - 12:30pm	
						✓	9:30am - 10:30am	

* The full term fee will be pro-rata on the remaining weeks of the term if enrolment is after week 1

YMCA STEPS PROGRAM

CLASS	MON	TUE	WED	THU	FRI	SAT	TIMES	FULL TERM FEE*
Prep Ready 5yo 1hr/week	✓	✓	✓	✓	✓		3:30pm - 4:30pm	\$177.00
						✓	10:45am - 11:45am	
Step 1 6 - 7yo 1hr/week	✓	✓	✓	✓	✓		3:30pm - 4:30pm	
						✓	10:45am - 11:45am	
Step 2 6 - 8yo 1hr/week			✓		✓		3:30pm - 4:30pm	
	✓	✓	✓	✓	✓		4:30pm - 5:30pm	
	✓						5:30pm - 6:30pm	
						✓	11:45am - 12:45pm	
Step 2 10+yo 1hr/week		✓					4:30pm - 5:30pm	
	✓				✓		5:30pm - 6:30pm	
Step 3 7+yo 1hr/week	✓	✓	✓	✓	✓		4:30pm - 5:30pm	
						✓	11:45am - 12:45pm	
Step 3 10+yo 1hr/week		✓					4:30pm - 5:30pm	
	✓				✓		5:30pm - 6:30pm	
Step 4 1hr 15min/ week	✓		✓				3:30pm - 4:45pm	\$221.24
	✓		✓				4:45pm - 6:00pm	
						✓	12:45pm - 2:00pm	
Step 5 8+yo 1.5hrs/week		✓		✓			5:30pm - 7:00pm	\$265.44
	✓		✓				6:00pm - 7:30pm	
						✓	12:45pm - 2:15pm	
Boys Step 5 1.5hrs/week			✓	✓			4:30pm - 6:00pm	
	✓						5:00pm - 6:30pm	
Tumbling 8+yo 1hr/week				✓			5:30pm - 6:30pm	\$177.00
Step 6 Girls 2 x 1.5hrs/ week		✓					3:30pm - 5:00pm	\$349.50
	✓		✓		✓		5:30pm - 7:00pm	
						✓	12:45pm - 2:15pm	
Boys Step 6 2 x 1.5hrs/week	✓						5:00pm - 6:30pm	
			✓				4:30pm - 6:00pm	
Step 7 Girls 2 x 2hrs/week	✓	✓	✓	✓	✓		5:30pm - 7:30pm	\$419.40
						✓	1:00pm - 3:00pm	
Step 8 Girls 2 x 3hrs/week		✓		✓			5:00pm to 8:00pm	\$656.04
						✓	1:00pm to 4:00pm	
Step 9 Girls 2 x 3hrs/week		✓		✓			5:00pm to 8:00pm	



YMCA COMPETITION SQUADS SCHEDULE

CLASS	MON	TUE	WED	THU	FRI	SAT	TIMES	FULL TERM FEE*
WAG 1 1.5hrs/week					✓		3:30pm - 5:00pm	\$265.44
WAG 2 2 x 2hrs/week				✓			3:30pm - 5:30pm	\$513.12
						✓	10:45am - 12:45pm	
WAG 3 2 x 3hrs/week	✓		✓				4:30pm - 7:30pm	\$519.12
WAG 4 3 x 4hrs/week	✓		✓		✓		4:00pm - 8:00pm	\$720.72
WAG 5 3 x 4hrs/week		✓		✓			4:00pm - 8:00pm	\$720.72
						✓	12:00noon - 4:00pm	
WAG 6 4 x 4hrs/week	✓	✓		✓	✓		4:00pm - 8:00pm	\$961.08
WAG 7 - 9 18hrs/week				✓			6:00am - 8:00am	\$1,081.20
	✓	✓		✓	✓		4:00pm - 8:00pm	
MAG 1 2 x 1.5hrs/ week	✓						3:30pm - 5:00pm	\$349.50
						✓	11:00am - 12:30pm	
MAG 3 - 4 9.5hrs/week		✓		✓			4.30pm - 7.30pm	\$609.84
						✓	1:00pm - 4:30pm	
MAG 5 - 8 4 x 3.5hrs/ week	✓		✓		✓		4.30pm - 8:00pm	\$840.96
						✓	1:00pm - 4:30pm	